

CHANTILLY ACADEMY GYMNASICS
Gym Stars
USA Gymnastics
SANCTIONED EVENT
1ST PLACE

Winter Island Getaway Invitational

DECEMBER 9, 10 & 11, 2022

WWW.CHANTILLYACADEMY.COM
CUSTOM T-SHIRT FOR GYMNASTS & COACHES

14088-K SULLYFIELD CIRCLE - CHANTILLY, VA 20151 - 703-378-4966

ALL SESSIONS ARE MODIFIED TRADITIONAL FORMAT W/4 SQUADS - 1ST HALF WU/COMPETE FOLLOWED BY 2ND 1/2 WU/COMPETE

REQUIRED NUMBER OF COACHES NEEDED IS INDICATED IN SESSION ASSIGNMENT LISTING

Friday, December 9th, 2022

Assigned Teams & Coaches Needed:

SESSION 1:	Level 3A, Xcel Bronze & Xcel Gold
Gym Opens:	1:15PM
Open Stretch:	1:45PM
WU/Compete:	2:00PM
Awards:	4:00PM

Team Name	XB, XG & L3A			MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Arlington Aerials		XG		1	FX
Apollo			L3	1	BRS
Astro	XB	XG (1)	L3	2	BM (XB&1XG) & BRS (L3)
CA GymStars		XG	L3	2	BRS (L3) & FX (XG)
Dynamic Arlington		XG		1	VT
G-Force		XG		1	BM
Youth Sports	XB	XG		2	VT (XG) & BM (XB)

Friday, December 9th, 2022

Assigned Teams & Coaches Needed:

SESSION 2:	XCEL SILVER & LEVEL 3B
Gym Opens:	5:15PM
Open Stretch:	5:45PM
WU/Compete:	6:00PM
Awards:	8:00PM

Team Name	XS & L3B		MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Aerial East		L3	2	BARS
Astro	XS		1	FX
Cardinal		L3	1	BM
CA GymStars	XS		1	VT
Dynamic Arlington		L3	1	BM
G-Force	XS		1	FX
Youth Sports	XS		1	VT

Saturday, December 10th, 2022

Assigned Teams & Coaches Needed:

SESSION 3:	Level 6 & Level 7
Gym Opens:	1:15PM
Open Stretch:	1:45PM
WU/Compete:	2:05PM
Awards:	4:15PM

Team Name	L6 & L7		MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Apollo	L6		1	BRS
Astro	L6 (1XP)	XP(1)	1	FX
Cardinal	L6	L7	1	FX (L6&7)
CA GymStars	L6	L7	1	VT (L6&7)
Dynamic	L6	L7	2	BM (L6&L7)
MEGA DC	L6		1	VT
Ocean Tumblers	L6	L7	1	BRS (L6&7)
Youth Sports	L6		1	FX

Saturday, December 10th, 2022

Assigned Teams & Coaches Needed:

SESSION 4:	LEVEL 8, 9 & 10
Gym Opens:	5:30PM
Open Stretch:	5:45PM
WU/Compete:	6:10PM
Awards:	8:30PM

Team Name	L8, L9 & L10			MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Arlington Aerials	L8	L9		2	FX
Cardinal	L8	L9	L10	2	BM
CA GymStars	L8	L9	L10	2	BRS
Dynamic Arlington	L8			1	VT
MEGA DC	L8	L9		1	BM
Ocean Tumblers	L8	L9	L10	2	VT

Sunday, December 11th, 2022

Assigned Teams & Coaches Needed:

SESSION 5:	Level 4 & 5
Gym Opens:	8:00AM
Open Stretch:	8:30AM
WU/Compete:	8:45AM
Awards:	11:00AM

Team Name	L4 & L5		MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Aerial East	L4		1	BM
Astro	L4		1	BRS
Cardinal	L4	L5	2	FX (L4&5)
CA GymStars	L4	L5	2	BRS (L4&5)
Dynamic	L4	L5	1	BM
MEGA DC		L5	1	FX
Ocean Tumblers	L4	L5	2	VT (L4&5)

Sunday, December 11th, 2022

Assigned Teams & Coaches Needed:

SESSION 6:	Xcel Platinum, Xcel Diamond & Xcel Sapphire(Pilot)
Gym Opens	12:15PM
Open Stretch:	12:30PM
WU/Compete:	12:50PM
Awards:	3:15PM

Team Name	XP, XD & XSph			MINIMUM # Coaches Required	EVENT & FLIGHT *SUBJECT TO CHANGE
Arlington Aerials	XP	XD		3	VT (XP) & BM (XD)
CA GymStars	XP	XD	XSph	1	VT (XP/XD/XSAPH)
Dynamic Arlington	XP	XD		2	FX (XP/XD)
Ocean Tumblers	XP	XD	XSph	3	BRS (XP-6/XD/XSAPH) & BM (XP-6)

FRIENDLY REMINDERS TO VISITING TEAMS & THEIR FAMILIES:

- 1 - SESSION TIMES WILL BE STRICTLY FOLLOWED. GYM ENTRY WILL NOT BE ALLOWED UNTIL SCHEDULED "GYM OPENS" TIME.
- 2 - PLEASE BE CAREFUL IN THE PARKING LOT AND DO NOT PARK IN NO PARKING ZONES OF OTHER BUILDINGS PARKING LOTS. YOU WILL BE TOWED.
- 3 - PLEASE DO NOT BRING A SICK CHILD TO THE COMPETITION. ALL VISITORS SHOULD FOLLOW PROPER RESPIRATORY ETIQUETTE. THANK YOU!
- 4 - PARENTS PLEASE DO NOT TO CONTACT THE GYM FOR MEET INFORMATION PRIOR TO THE MEET WEEKEND. ALL COMMUNICATIONS SHOULD GO THROUGH THEIR CLUB OWNERS, GYM CONTACTS OR HEAD COACHES.
- 5 - THERE IS NO CHECK IN FOR GYMNASTS, PLEASE REPORT TO THE COMPETITIVE FLOOR FOR YOUR OPEN STRETCH. COACHES WILL CONFIRM ALL GYMNASTS ARE PRESENT OR SCRATCHED AT THE COACHES MEETING. ONLY COMPETING GYMNASTS ARE ALLOWED ON THE COMPETITIVE FLOOR.
- 6- INDIVIDUAL & TEAM AWARDS ARE PRESENTED BY LEVEL/DIVISION IMMEDIATELY FOLLOWING THE COMPLETION OF COMPETITION. THE TOP 3 SCORES ON EACH EVENT COUNT TOWARDS THE TEAM SCORE.

GOOD LUCK GRAMS, DRINKS & LIMITED CONCESSION AND PROSHOP AVAILABLE



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COACHES PLEASE BE SURE TO GET A COPY OF THE COACHES INFORMATION FROM YOUR CLUB CONTACTT OR MEET CONTACT

